

The Centrality of the Heart and Conscience

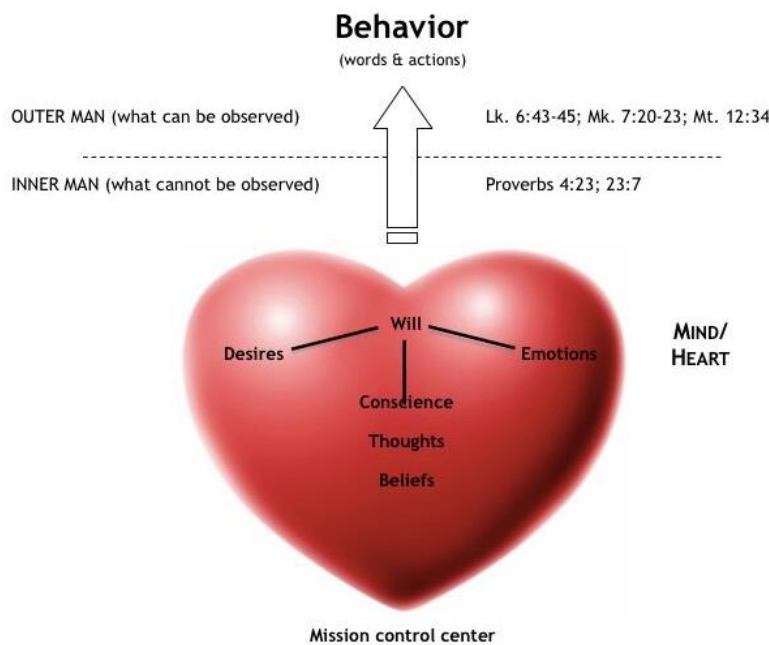
- We all function out of the overflow of the heart...we are all directed by our heart and mind
- We have both an inner man and an outer man...our outward choices and actions flow from the heart
- It is the inner person that makes us who we are...the root always produces the fruit

Proverbs 4:23 ~ Watch over your heart with all diligence, For from it flow the springs of life.

Proverbs 23:7 ~ For as he thinks within himself, so he is. He says to you, "Eat and drink!" But his heart is not with you.

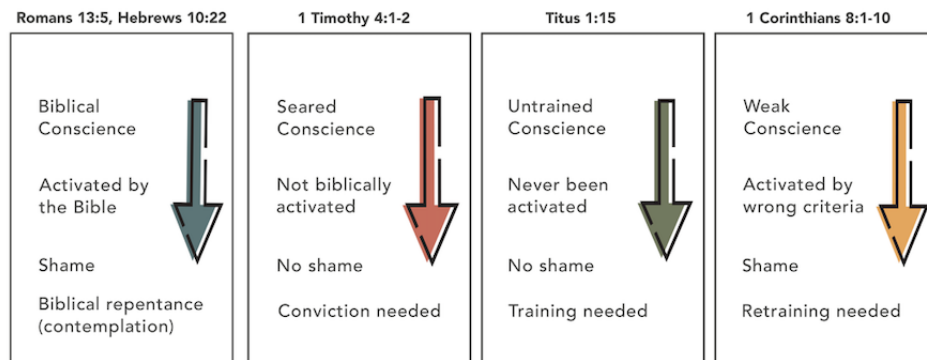
Matthew 12:34 ~ For the mouth speaks out of that which fills the heart.

Matthew 15:17-20 ~ Do you not understand that everything that goes into the mouth passes into the stomach, and is eliminated? 18 But the things that proceed out of the mouth come from the heart, and those defile the man. 19 For out of the heart come evil thoughts, murders, adulteries, fornications, thefts, false witness, slanders. 20 These are the things which defile the man; but to eat with unwashed hands does not defile the man."



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THE CONSCIENCE

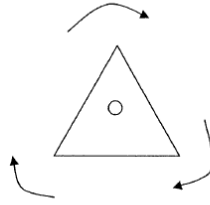


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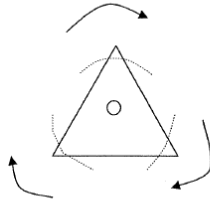
¹ <https://thebcd.org/resources/anthropology-a-theology-of-biblical-counseling>

² <https://www.biblicalcounselingresources.org/work/crystals-cczet-w6d5y>

Conscience



Imagine that your conscience is a triangle, and every time you sin, the conscience spins and pricks you. You feel bad because you know you sinned. It is your warning system

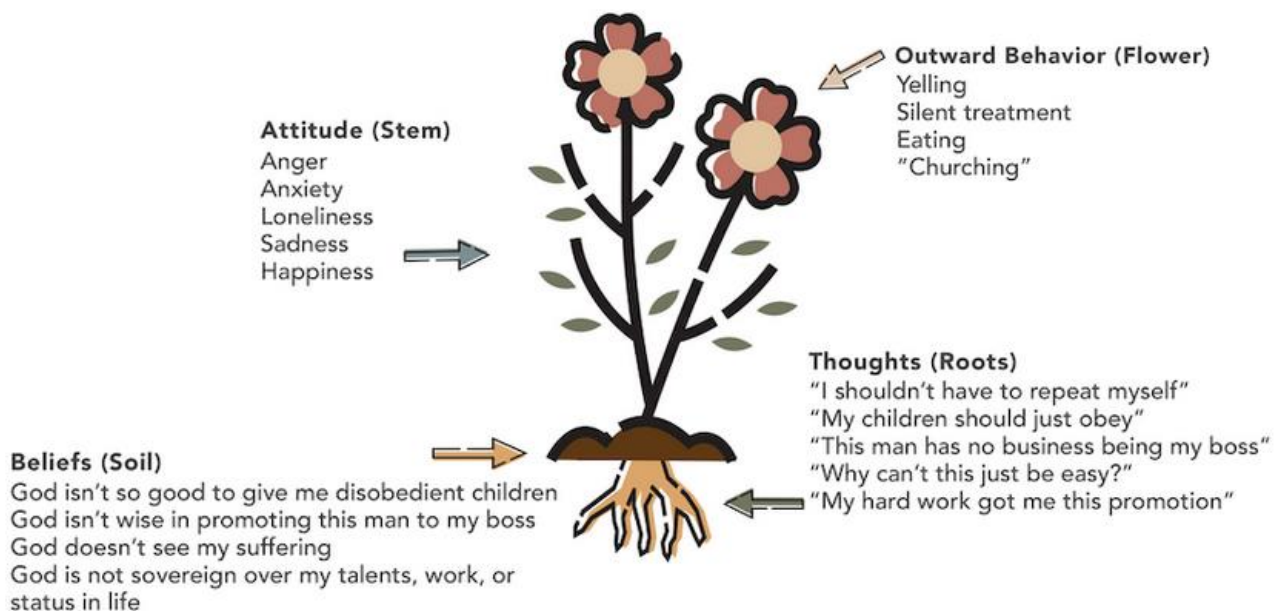


If you keep doing that same sin, the conscience still spins but you start to wear down the edges so it doesn't 'prick' you and you don't feel it. This is the danger of losing your warning system – of a conscience that has become a seared – Eph 4:1-2; cf. 4:19.

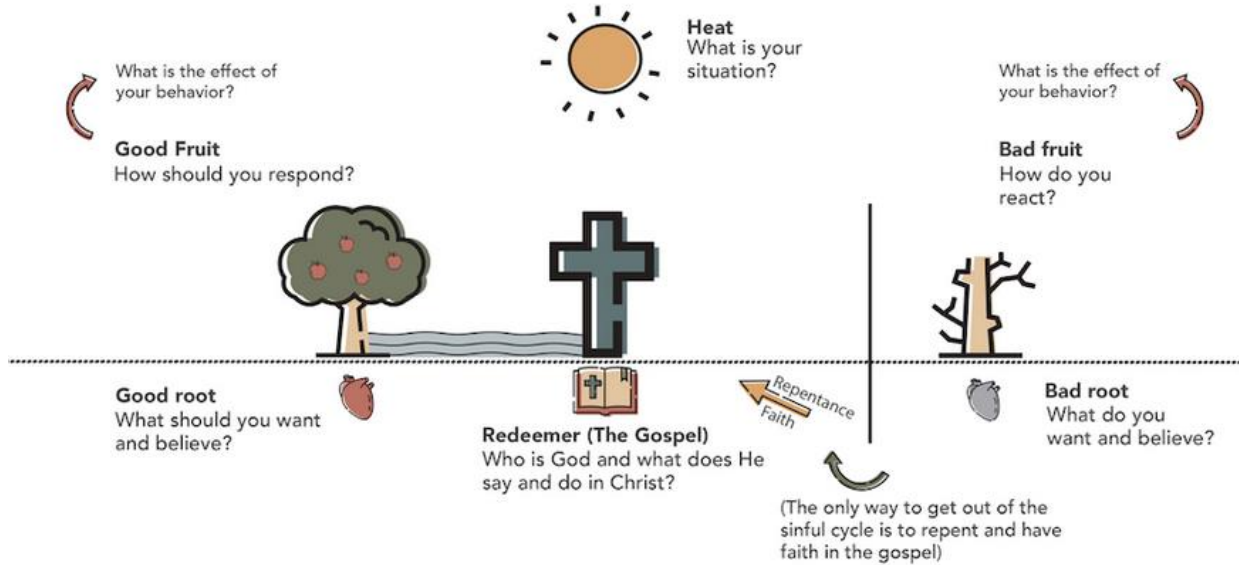
You must biblically inform your conscience so that it stays sharp
(Eph 4:20-24).

When Discipling Someone, Must Get to the Root Heart Issues

FLOWER, STEM, ROOT, SOIL



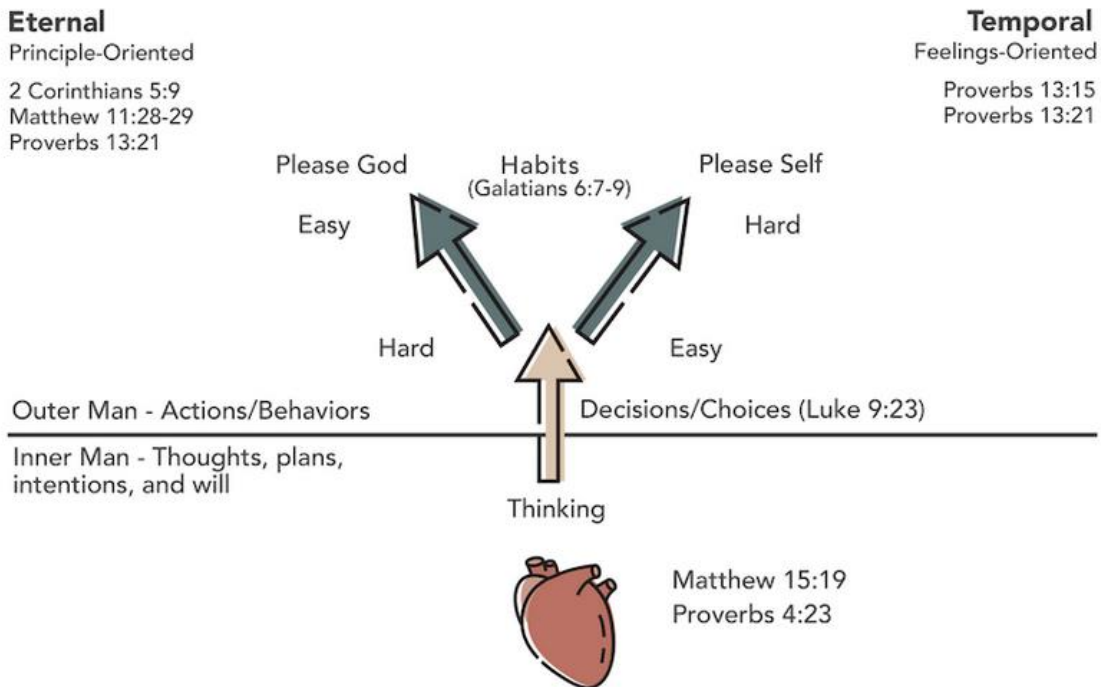
THREE TREES



The Process of Biblical Change

- Because of the centrality of the heart, any change in someone’s life must begin with heart change
- Only when a person thinks rightly will they be able to honor the Lord and become more like Christ

THE Y-CHART



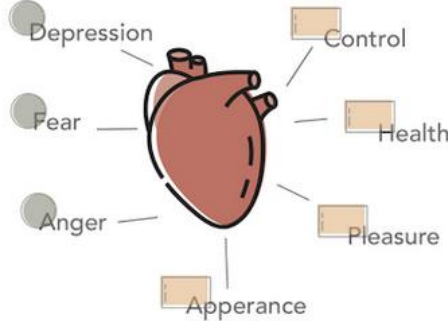
⁴ Ibid.

⁵ Ibid.

IDOLS OF THE HEART

Influences

Sickness
Finances
Traffic
People
Job
Satan



Behaviors

Sleeping
Drugs/Alcohol
Spending
Exercise
Injury
Sex
Hiding
Exploding
Religion
Eating



Idols
 Emotions

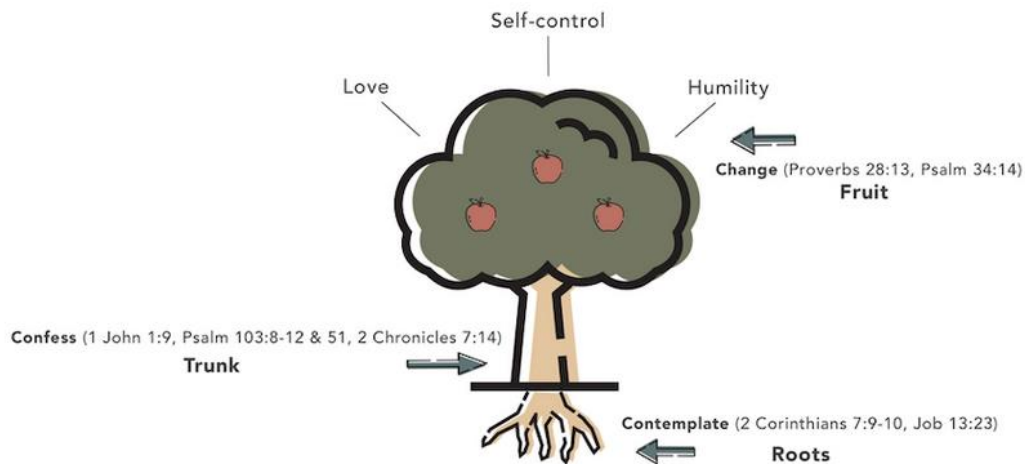
How to identify idols?

1. I will sin if I don't get....
2. I will sin in order to get...
3. I need this...
4. I want this...
5. I must have this...
6. I have the right to...

Jeremiah 17:5-10, Ezekiel 14:1-11 & 37:26-27, 1 Corinthians 10:1-14

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TREE OF REPENTANCE



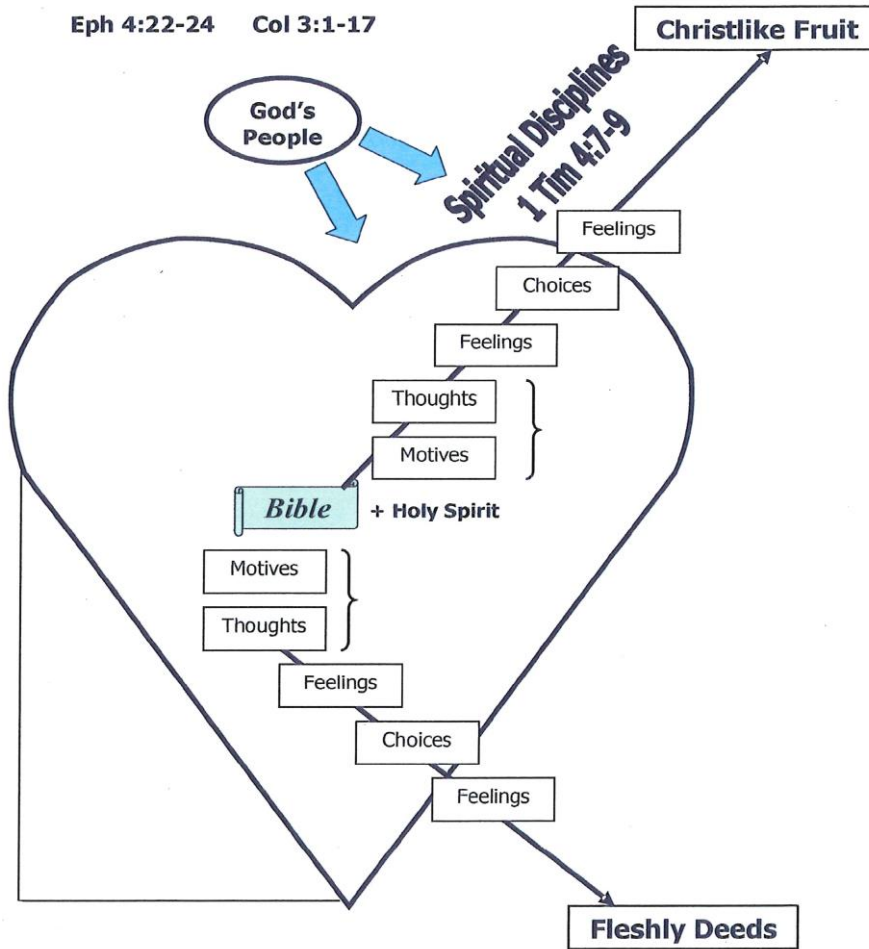
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⁶ Ibid.

⁷ Ibid.

Biblical Process of Change

Eph 4:22-24 Col 3:1-17



COUNSELING ROADMAP

